Strength and Conditioning Coach - Women's Programme

BACKGROUND

Cricket Ireland is the governing body for the game at both performance and participation levels throughout all-Ireland, representing the interests of both the men's and women's game. Cricket Ireland is one of twelve ICC Full Members having received membership in 2017.

The Ireland Senior Women's team currently competes in the ICC Women's Championship (50 Overs) and the Bi-Annual ICC T20 World Cup. Automatic qualification for the T20 World Cup in 2028 is secured following the team's performance in the last edition which featured a first ever win in a World Cup finals event against the West Indies.

The HP Pathway has been developed to produce future International cricketers. The pathway takes talented young cricketers through youth cricket with Inter Provincial tournaments at Under 14, Under 16 and Under 19 age groups.

The Future Series provides the bridge between youth cricket and domestic cricket for players Under 23, the Super Series represents the domestic component of the pathway.

An Ireland U19 team competes in the Bi-Annual ICC U19 World Cup and an Emerging Ireland team has been developed to provide more competitive opportunities for those players pushing to break into the Senior Squads.

JOB PURPOSE

Cricket Ireland is seeking a Full-Time permanent Strength and Conditioning Coach, to support and guide the physical development of the Women's Performance squad and elite young cricketers coming through the HP Pathway.

The position is based in North Dublin, the Sport Ireland Institute in Abbottstown will be the primary training facility, programmes for the younger players are strategically selected based on location to align with technical skills training hubs.

The role will demand a national brief across both sides of the border when deemed appropriate by the Senior National Team Head Coach. Senior Team home international series will be played during the summer months (May-September) whilst overseas assignments will require travel during the winter (October-April).

The successful candidate must be eligible to work in the European Economic Area (EEA).

The successful candidate will coordinate and deliver high-quality physical preparation services, support the HP Pathway, work closely with the Science and Medicine staff and be fully integrated with the Team Management Unit.

REPORTING and MANAGEMENT

The successful candidate will report into the National Lead Strength and Conditioning Coach, the nature of the role will also require reporting into the Head of Physiotherapy and Medical Services. Regular dialogue and engagement with the Senior Team Head Coach will be critical to the ongoing management and support of players.

KEY OBJECTIVES

- Minimise the impact of injury and illness and increase availability and performance.
- Ensuring that players reach their optimal physical conditioning and maintaining that level throughout the year.
- Developing and maintaining key working relationship with science and medicine discipline partners to ensure an efficient approach to performance.

KNOWLEDGE AND EXPERIENCE

ESSENTIAL

- Degree (or equivalent) in sport science or related subject, specialising in physical preparation of athletes.
- UKSCA accreditation or internationally recognised equivalent.
- Minimum of five years full time or part-time equivalent experience working within
- High-Performance sport.
- Experience of working within a multidisciplinary team in the delivery of strength
- and conditioning services to performance teams.
- A track record of success in developing physical qualities of teams and athletes
- within performance sport.
- Excellent physiological and anatomical knowledge.
- Excellent communication and interpersonal skills.
- Strong programming and coaching skills.
- Strong IT skills, including use of Microsoft excel.
- Current basic life support training and first aid qualifications.
- Experience of managing and implementing various Sport Science support tools
- Including GPS, HR monitoring, strength diagnostics tools and AMS.

DESIRABLE

- Experience of working in S&C in cricket.
- Experience of travelling with teams on overseas tours or major competitions.
- Experience of working in female sporting environments.
- Higher degree specialising in the physical preparation of performance athletes.

The selection panel reserves the right to consider Desirable Criteria during the short-listing process should candidates remain on an equal footing using simply Essential Criteria. Please note due to the expected volume of applicants, only shortlisted candidates will be notified.

WORKING RELATIONSHIPS

- National Lead Strength & Conditioning Coach
- Head of Physiotherapy & Medical Services
- Director of High Performance
- National Women's Head coach
- Support staff: Team Operations Managers; Assistant Coaches; Performance
- Analysts; Physiotherapists
- Female Emerging Player Development Lead
- Talent Pathway Manager and Coach

REMUNERATION

- Salary: €35,000 - €45,000 per annum. The salary offered will be determined based on the successful candidate's qualifications, relevant experience, skills, and internal pay equity considerations.

PROCESS

- The closing date for applications will be Friday 13th November
- Covering letter and full CVs should be sent by email to recruitment@cricketireland.ie, with the title S&C Coach.
- For a confidential discussion about the role, please contact Brendan Connor on +44 (0)7775337813 or by email on brendan.connor@cricketireland.ie
- Preliminary interviews will be held as soon as possible after the closing date.